

Hooked On A Cha

Count: 32 Wall: 4 Level: Intermediate Cha Cha

Choreographer: John Dembiec (7/2014)

Music: Hooked On A Feeling by Blue Swede (120 bpm)

16 ct intro, start on vocal (Two - 2 count Tags)

Alt.: Down In Mexico by Jerrod Niemann (110 BPM) 16 ct intro, start on vocal (Restart wall 5 after 16 counts)

- 1-8 STEP, BACK, KICK, JAZZ BOX, CROSS ROCK, SIDE TOGETHER
- 1-2 Step L to L, Step R back
- 3-4& Kick L forward, Cross L over R, Step R back
- 5-6 Step L to L, Cross Rock R over L
- 7-8& Replace to L, Step R to R, Step L next to R

(Styling note: Replace the kick for a brush forward on slower music to smooth out dance)

[9-16]¼ TURN, ROCK, TRIPLE LOCK STEP, STEP, CROSS, SIDE STEPS

- 1-2 Making ¼ turn R Step R forward, Rock L forward
- 3-4& Replace to R, Step L back, Cross R over L as you step back
- 5-6 Step L back, Step R back
- 7-8& Cross L over R, Step R to R, Step L next to R

(Tag #1 for Hooked on a Feeling – On 3rd wall facing 9 o'clock insert right/left hip bump, then continue to count 17.

Restart for Down in Mexico – On 5th wall facing 3 o'clock, touch L next to R & restart dance)

[17-24]SIDE STEP, ROCK, ¼ TURN, CROSS & CROSS, SIDE ROCK, STEP, ¼ TURN

- 1-2 Step R to R, Rock L forward
- 3-4& Replace to L making ¼ turn R, Cross L over R, Step R to R
- 5-6 Cross L over R, Side rock R to R
- 7-8& Replace to L, Step R behind L, Making ¼ turn L Step L forward

(Music note for Hooked on a Feeling – On 7th wall, the music fades for this 8 counts, dance through it, music hits on count 25)

[25-32]STEP, ½ PIVOT, STEP, SIDE TOGETHER CROSS (X2), SIDE STEPS

- 1-2 Step R forward, Pivot ½ turn to L putting weight to L
- 3-4& Step R forward, Step L to L, Step R next to L
- 5-6& Step L over R, Step R to R, Step L next to R
- 7-8& Step R over L, Step L to L, Step R next to L

(Tag #2 for Hooked on a Feeling – End of wall 6 facing 6 o'clock insert left/right hip bump, then continue dance)

REPEAT AND HAVE FUN !!!!!

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